



START HERE

THE FOX MANIFESTO

A rulebook your AI reads.

V1.3

RULES FILE FOR YOUR AI + 28-PAGE PDF
+ TEMPLATES

Give it to your AI

01



Claude

Add `00 FOR YOUR AI - The Fox Manifesto rules.md` to a Project's knowledge, or paste it into the Project's instructions.



Claude Code

Save it as `CLAUDE.md` in your After Effects project folder, or reference it from your `CLAUDE.md`.



ChatGPT

Upload it to a Project or custom GPT. No Project? Paste it as your first message.

First 60 seconds

02



Say this to your AI

"Read the Fox Manifesto rules file and follow it for every After Effects task. Confirm the 6 gates back to me."



Read the 6 gates

PDF pages 3 to 9. Design › Purpose › Hierarchy › Timing › Easing › Restraint.



Fill your house rules

`Motion Rules Kit templates/house-rules-template.md`. Give it to your AI too.



Check the frame

Not the timeline. Say what you saw.

■ Updates03



New editions by email

Buyers get every update to this edition.



Lost the file?

Re-download from your receipt email.

■ Help04



hello@foxinthecomp.com

Questions about a rule are welcome too.



foxinthecomp.com/help/manifesto

■ What else Fox makes05



FoxBridge

Your AI, wired into After Effects.



Fox Script Pack v1

5 dockable scripts.



The Fox Prompt Pack

39 prompts for clean comps.



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